



# ST. WILFRED'S INSTITUTE OF PHARMACY

Affiliated to Mumbai University, Approved by PCI- New Delhi, DTE Maharashtra (DTE Code-3485)  
Near Shedung Toll Plaza, Old Mumbai Pune Highway, Shedung, Panvel-410206

**Ref No.**

**Date: 13/07/2019**

## NOTICE

Dear Students,

We are delighted to announce the upcoming celebration of Guru Purnima in our college. This auspicious occasion, dedicated to honouring the invaluable role of teachers and mentors, holds great significance in our academic community.

**Date:** 13/07/2019

**Time:** 10:00 A.M to 12:00P.M.

**Venue:** St. Wilfred's Institute of Pharmacy, Panvel.

Join us as we pay homage to the guiding lights who have illuminated our paths with wisdom and knowledge. The Guru Purnima celebration will be a day filled with reverence, gratitude, and inspiration.

Activities planned for the event include:

**Inspirational Talks:** Renowned speakers will share their insights on the importance of guru-shishya parampara (teacher-disciple tradition) and the impact of mentorship on personal and academic growth.

**Guru Vandana:** A special ceremony will be held to honor our teachers and mentors, expressing our heartfelt gratitude for their guidance and support.

**Cultural Performances:** Experience the rich cultural heritage as students showcase performances dedicated to the guru, celebrating diversity and unity within our college community.

**Reflection and Meditation:** Take a moment for introspection and mindfulness during guided meditation sessions, fostering inner peace and self-awareness.

We invite all students, faculty, and staff members to participate in this joyous celebration and express gratitude to those who have played a significant role in shaping our academic journey. Let us come together to celebrate the spirit of learning, mentorship, and lifelong growth on this special occasion of Guru Purnima.

For more information, please contact our Cultural Coordinator

**Cultural Coordinator**

**Shrikant Boharupi Dr. Uma Patil**

**Principal**

**Mr.**

**Flyer:**

**Guru Pournima**

## **“A Report onGuru Pournima”**

**Name of Activity:** Guru Pournima

**Date and Venue:** 13/07/2019, at Auditorium of St. Wilfred's Institute of Pharmacy, Panvel.

**Duration:** 2 hours

**Type of Activity:** Extra-Curricular Activity/ In-House

### **DETAILS OF ACTIVITY:**

The purpose of the "Guru Pournima" event, which took place on 13/07/2019, at the Auditorium of St. Wilfred's Institute of Pharmacy in Panvel, was to offer

Inspiring Talks on the Significance of Guru-Shishya Parampara

Guided Meditation Sessions for Inner Peace and Reflection

Cultural Events Paying Tribute to the Guru

Interactive workshops that introduce Bachelor of Pharmacy students to mentors who have inspired, educated, and given insight on ancient wisdom and modern learning.

### **Event Details:**

**Date:**13/07/2019

**Venue:**Auditorium, St. Wilfred's Institute of Pharmacy, Panvel

**Time:** 10:00 AM to 12:00 PM

**Target Audience:** All Bachelor of Pharmacy students, and Faculty

### **Key Personnel:**

**Student Coordinators:**Mr. Shelke Vishal& Ms. Ruchita Badekar

**Expert Speaker:**Dr. Deenanath Jhade

**Cultural Coordinator:**Mr. Shrikant Boharupi

**Principal:** Dr. Deenanath Jhade

### **Objective:**

The aim of "Guru Pournima" was to bring people together in a spirit of growth and learning while expressing our sincere gratitude to our gurus.

**Session Content:**

On Friday, 13/07/2019, the "Guru Pournima" activity was held at St. Wilfred's Institute of Pharmacy in Panvel. It was held from 10:00 AM to 12:00 PM in the Auditorium. All faculty members and Bachelor of Pharmacy students were intended to attend the session.

The event was organised by two student coordinators, Mr. Shelke Vishal & Ms. Ruchita Badekar. Dr. Deenanath Jhade, Principal, the session's expert speaker, offered insightful advice on how to build the critical soft skills necessary for success in the workplace. It is likely that Mr. Shrikant Boharupi, led conversations about Guru Pournima with other employees and student coordinators. The institute's principal, Dr. Uma Patil, has supported the occasion with opening remarks.

**Interactive Session:**

There were workshops on both modern learning and ancient wisdom during this interactive session.

**Outcomes:**

1. Enhanced Sense of thankfulness: The programme created a culture of thankfulness throughout the college community by helping students appreciate their teachers and mentors on a deeper level.
2. Enhanced Student-Teacher Relationships: By means of interactive workshops and cultural performances, the event fostered a supportive learning atmosphere by strengthening the relationships between students and faculty members.
3. Inspiration for Personal Growth: Students were inspired to pursue excellence by the insightful and helpful advice that inspirational presentations and workshops offered them for both their academic and personal growth.
4. Cultural Enrichment: The college was united and diverse as a result of cultural performances celebrating the guru tradition, which also helped students better appreciate their cultural history.
5. Encouragement of Mindfulness and Reflection: Students were prompted to consider their educational experiences and develop mindfulness through guided meditation sessions, which enhanced their emotional health and self-awareness.
6. Promotion of Lifelong Learning: The curriculum placed a strong emphasis on the value of ongoing education and personal development, encouraging students to pursue knowledge and development throughout their lives.

7. **Community Building:** By bringing students, teachers, and staff together for the Guru Purnima festival, the college was able to strengthen its sense of belonging and unity.
8. **Good Effect on Academic Performance:** Students' academic motivation and performance may have improved as a result of the event's emphasis on the value of education and the role of teachers.

Overall, the college's Guru Purnima programme had a significant influence on students' attitudes, interpersonal interactions, and personal development, highlighting the value of learning and mentoring throughout their academic careers.

A vote of gratitude was held at the end of the event to the speakers, organisers, and attendees for their enthusiastic participation in ensuring that the session was enlightening and rewarding.

## Glimpses of Guru Pournima





# ST. WILFRED'S INSTITUTE OF PHARMACY

Affiliated to Mumbai University, Approved by PCI- New Delhi, DTE Maharashtra (DTE Code-3485)  
Near Shedung Toll Plaza, Old Mumbai Pune Highway, Shedung, Panvel-410206

**Ref No.**            **Date: 24/07/2018**

## NOTICE

Dear Students,

This is to inform you that as we celebrate the auspicious occasion of Guru Purnima, we extend our heartfelt gratitude to all the teachers, mentors, and guides who have illuminated our paths with wisdom and knowledge.

As students, let take this opportunity to rededicate ourselves to the pursuit of knowledge and personal growth. Let us remain open to learning from every experience and embrace the journey of self-discovery with enthusiasm and humility.

We invite all students to join in commemorating Guru Purnima by expressing gratitude to their teachers and mentors. Let us celebrate the power of education to transform lives and build a brighter future for ourselves and generations to come. All of you be present on Friday, 27<sup>th</sup> July 2018 at Auditorium for the celebration at sharp 10:00 a.m.

Wishing you all a blessed Guru Purnima filled with inspiration, learning, and gratitude!

With warm regards,

**Cultural Coordinator**

**Ms. Priyanka Goyal**

**Principal**

**Dr. Uma Patil**

**Flyer:**

**Global unity "YOUunity starts with YOU!" (2018)**



## **“A Report onGuru Pournima"YOUunity starts with YOU!"”**

**Name of Activity:** Guru Pournima

**Date and Venue:** Friday, 27<sup>th</sup> July 2018, at Auditorium of St. Wilfred's Institute of Pharmacy, Panvel.

**Duration:** 2 hours

**Type of Activity:** Extra-Curricular Activity/ In-House

### **DETAILS OF ACTIVITY:**

The activity titled "Guru Pournima" held at Auditorium of St. Wilfred's Institute of Pharmacy, Panvel, on Friday, 27<sup>th</sup> July 2018, was aimed at providing

Inspirational Talks on the Importance of Guru-Shishya Parampara

Guided Meditation Sessions for Inner Peace and Reflection

Cultural Performances Honoring the Guru

Interactive Workshops on Ancient Wisdom and Modern Learning to Bachelor of Pharmacy students to guiding lights in lives who have imparted wisdom, knowledge, and inspiration.

### **Event Details:**

**Date:**Friday, 27<sup>th</sup> July 2018

**Venue:**Auditorium, St. Wilfred's Institute of Pharmacy, Panvel

**Time:** 10:00 AM to 12:00 PM

**Target Audience:** All Bachelor of Pharmacy students, and Faculty

### **Key Personnel:**

**Student Coordinators:**Ms. Tresa Boban, and Mr. Aditya Kadam

**Expert Speaker:**Dr. R. P Sharma

**Cultural Head :** Ms. Priyanka Goyal

**Principal:** Dr. Uma Patil

### **Objective:**

The objective of "Guru Pournima"was to unite in the spirit of learning and growth as we express our deepest gratitude to our gurus.

**Session Content:**

The activity "Guru Pournima" was conducted at St. Wilfred's Institute of Pharmacy in Panvel on Friday, 27<sup>th</sup> July 2018. It took place in the Auditorium from 10:00 AM to 12:00 PM. The session was designed for all Bachelor of Pharmacy students as well as faculty members.

Ms. Tresa Boban and Mr. Aditya Kadam served as student coordinators for the event. The expert speaker for the session was Dr. R. P Sharma, provided valuable insights and guidance on developing essential soft skills for professional success. Ms. Priyanka Goyal, the Ms. Priyanka Goyal, presumably facilitated discussions related to Guru Pournima with other staff members & student coordinators. Dr. Uma Patil, the principal of the institute, has provided opening remarks or support for the event. Overall, the activity aimed to unite in the spirit of learning and growth as we express our deepest gratitude to our gurus.

**Interactive Session:**

The session was interactive & had Workshops on Ancient Wisdom and Modern Learning

**Outcomes:**

1. Enhanced Sense of Gratitude: The program fostered a deeper appreciation among students for their teachers and mentors, instilling a culture of gratitude within the college community.
2. Strengthened Student-Teacher Relationships: Through interactive sessions and cultural performances, the event facilitated stronger bonds between students and faculty members, fostering a supportive learning environment.
3. Inspiration for Personal Growth: Inspirational talks and workshops provided students with valuable insights and guidance for their personal and academic development, motivating them to strive for excellence.
4. Cultural Enrichment: Cultural performances honouring the guru tradition enriched students' understanding of their cultural heritage and promoted unity and diversity within the college.
5. Promotion of Mindfulness and Reflection: Guided meditation sessions encouraged students to reflect on their learning journey and cultivate mindfulness, promoting emotional well-being and self-awareness.

6. **Encouragement of Lifelong Learning:**The program emphasized the importance of continuous learning and self-improvement, inspiring students to embrace a lifelong pursuit of knowledge and growth.
7. **Community Building:**The celebration of Guru Purnima brought together students, faculty, and staff members, fostering a sense of community and camaraderie within the college.
8. **Positive Impact on Academic Performance:**The event's focus on the significance of education and the role of teachers may have positively influenced students' academic motivation and performance.

Overall, the Guru Purnima program in college had a profound impact on students' attitudes, relationships, and personal growth, reinforcing the importance of mentorship and learning in their academic journey.

The event concluded with a vote of thanks to the speakers, coordinators, and participants for their active involvement in making the session insightful and enriching.

Glimpses of Guru Pournima

