



AffiliatedtotheMumbaiUniversity&ApprovedbyAICTENewDelhi,DTEMaharashtra(DTE)

Near Shedung Toll Plaza, Old Mumbai-Pune Highway, Panvel, Dist. Raigad, Maharashtra - 410221Tel:02143-

239091,8655678500/501 | Website:swippanvel.com | Email:swc.mumbai@gmail.com

Date: 09/08/2018

NOTICE

We are excited to announce a Health Check-Up Camp at [Pharmacy College Name]. In collaboration with healthcare professionals and experts, we are organizing a comprehensive health assessment program aimed at promoting well-being and preventive healthcare practices among our students and faculty.

Date: 11th August 2018

Activity Name: One day seminar

Venue: Seminar Hall of St. Wilfred's institute of pharmacy

Time: 10:00am onwards

The Health Check-Up Camp will cover the following areas:

1. Body Mass Index (BMI) Assessment: Evaluate your BMI and receive personalized guidance on maintaining a healthy weight.

2. Obesity Counseling: Learn about the risks associated with obesity and receive practical tips on nutrition, exercise, and lifestyle modifications.

3. Dental Check-Up: Receive a thorough examination of your oral health, including cavity detection, gum health assessment, and personalized oral care recommendations.

4. Eye Check-Up: Get your eyes screened for refractive errors, visual acuity, and other ocular abnormalities. Early detection is key to maintaining good eye health.

5. Blood Pressure Screening: Assess your blood pressure levels and receive guidance on managing hypertension through lifestyle changes and medical intervention if necessary.

This camp aims to raise awareness about the importance of preventive healthcare and empower our community to take proactive steps towards a healthier lifestyle. Participation is voluntary, and all services are free of charge.

We encourage all students and faculty members to take advantage of this opportunity to prioritize their health and well-being. Your health is our priority!

The students are required to be present at the venue on time. For further query you may contact to faculty co-ordinator.

PRINCIPAL ST WIL FRED'S INSTITUTE OF PREMINICIPAL OLD MUMBAI PUNE HIGHWAY, NEAR SHEDUNG TOLL PLAZA, SHEDUNG, PANYEL- 410 206.

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ST. WILFRED'S INSTITUTE OF PHARMACY, Panvel.

Affiliated to Mumbai University, Approved by AICTE - New Delhi, DTE Code-3485 Near Shedung Toll Plaza, Old Mumbai Pune Highway, Shedung, Panvel-410206.

<u>AReporton</u> "<u>Health Check-up Camp</u>"

NAMEOFACTIVITY: A Reporton "Health Check-up Camp"

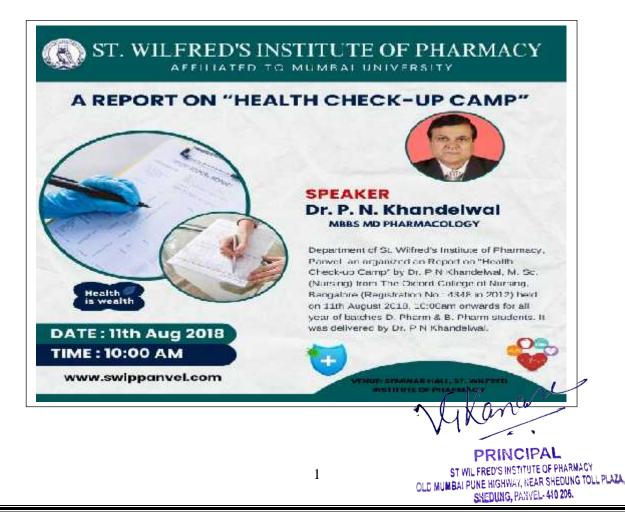
DATE&DURATION:11thAugust 2018, 10:00am Onwards

TYPEOFACTIVITY:Camp

ORGANIZER(S):DepartmentofSt. Wilfred's Institute of Pharmacy, Panvel.

SPEAKER: Dr. P. N. Khandelwal

FLYER/POSTER:



ABSTRACT OF THE SEMINAR:

DepartmentofSt. Wilfred's Institute of Pharmacy, Panvel. an organized an Report on "Health Checkup Camp" by Dr. P N Khandelwal, MBBS MD Pharmacology, held on 11th August 2018, 10:00am onwardsfor all year of batches D. Pharm & B. Pharm students. It was delivered by Dr. P N Khandelwal.

Dr. Uma Patil, Principal, St. Wilfred's Institute of Pharmacy, Panvel.welcomed the students attending the seminar. The main objective of this seminar is to get students understand the importance of physical health maintainance.

Comprehensive Health Check-Up Camp: Assessing BMI, Obesity, Dental Health, Eye Health, and Blood Pressure. The prevalence of lifestyle-related diseases underscores the importance of proactive healthcare measures. In response, this abstract outlines the structure and outcomes of a comprehensive health check-up camp designed to evaluate Body Mass Index (BMI), obesity, dental health, eye health, and blood pressure within a diverse community.

The camp commenced with BMI assessments, employing standardized methods to calculate BMI and categorize individuals into underweight, normal weight, overweight, or obese categories. This initial assessment served as a baseline for subsequent interventions.

Obesity, a significant public health concern, was thoroughly addressed through personalized counseling sessions and educational workshops. Participants received guidance on dietary modifications, exercise regimens, and behavioral changes to manage weight effectively and mitigate associated health risks.

Dental check-ups were conducted by skilled professionals, focusing on oral hygiene, cavity detection, and gum health. Participants received tailored recommendations for oral care practices and were educated on the link between oral health and systemic conditions.

Eye examinations were performed to detect refractive errors, assess visual acuity, and screen for ocular abnormalities. Early detection of vision impairments facilitated prompt referrals for corrective measures and preventive interventions, ensuring optimal eye health among/participants.

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Blood pressure screenings were integral to identifying individuals at risk of hypertension, a leading cause of cardiovascular morbidity and mortality. Hypertensive individuals received lifestyle guidance and medical referrals to manage blood pressure effectively and reduce associated health complications.

Overall, the health check-up camp served as a pivotal platform for preventive healthcare interventions, empowering participants to take proactive steps towards improving their health and well-being. By addressing multiple facets of health, including BMI, obesity, dental health, eye health, and blood pressure, the camp fostered a holistic approach to wellness within the community, with the potential for long-term health benefits and reduced disease burden.

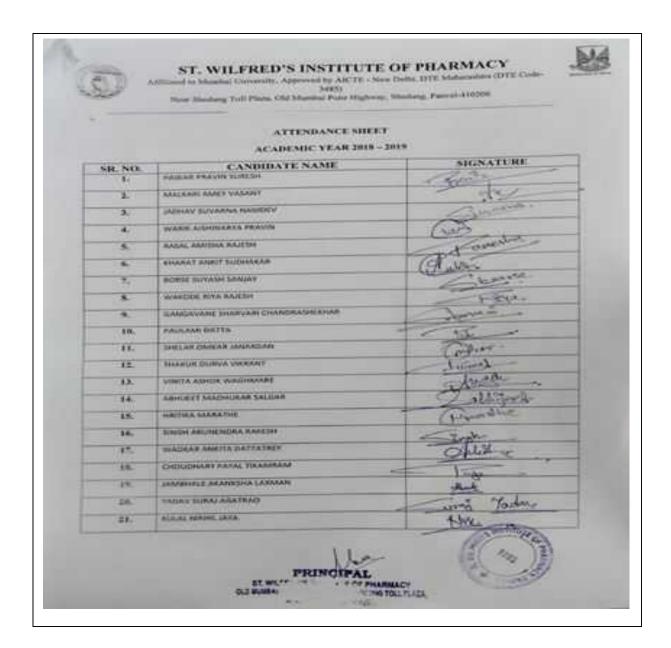
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St. Wilfred's Institute of Pharmacy, Panvel.		
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ATTENDANCE SHEET:



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FEEDBACKANALYSIS:

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	Do you think seminar was useful for you?		Yes	No	Parti al			Remark
1		138	135	0	3	0	0	Objective Achieved
			90.00	0.00	10.00	0.00	0.00	(90.00%)
	Did you receive all the		Yes	No	Parti al			Remark
2	information you expected by the seminar?	138	130	0	8	0	0	Objective Achieved
			94.20	0.00	5.79	0.00	0.00	(93.33%)
	Opinion on Rating the speaker for the seminar	138	Outst andin g	Excell ent	Good	Aver age	Satisfac tory	Remark
3			138	0	0	0	0	Objective Achieved - Outstanding & Excellent (100%)
			100	0	0	0.00	0	
4	Audience Query Response by the Speaker	138	Outst andin g	Excell ent	Good	Aver age	Satisfac tory	Remark
4			138	0	0	0	0	Objective Not Achieved
			100	0	0	0	0	(100%)
	0		Outst andin g	Excell ent	Good	Aver age	Satisfac tory	Remark
5	Overall experience about	138	130	4	4	0	0	Objective Achieved -
	the Seminar	9	94.20	2.89	2.89	0	0	Achieved - Outstanding & Excellent (83.99%)
6	Would you like to attend future Seminar conducted by the department?	138	Yes	No				Remark

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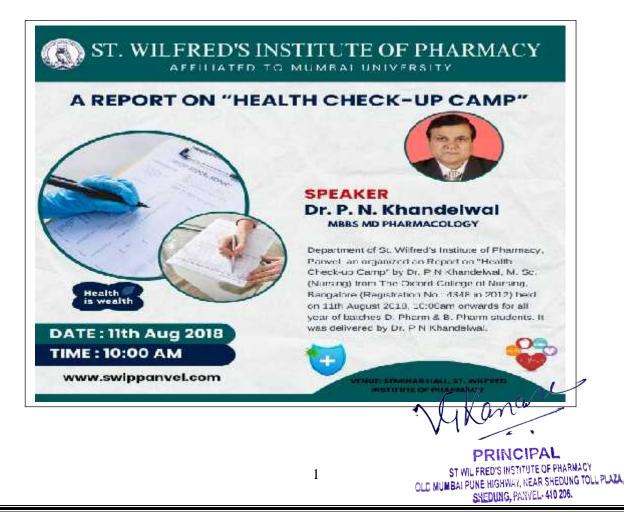
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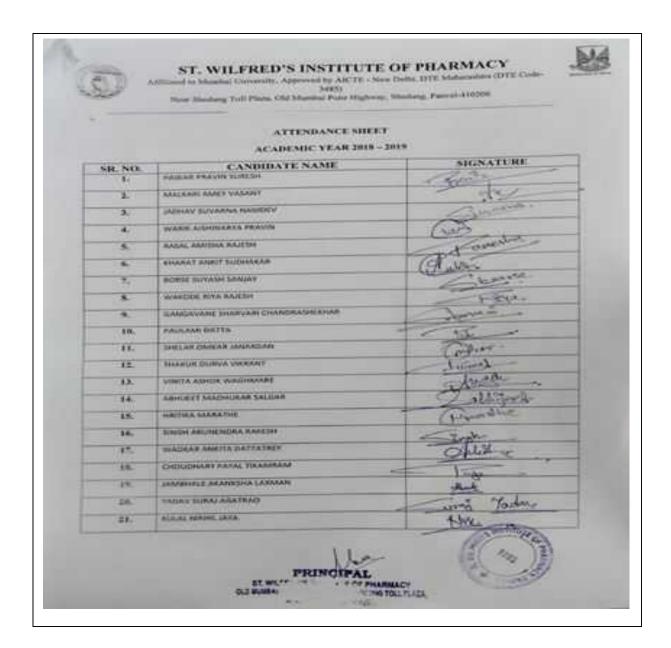
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Date: 09/08/2018

NOTICE

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Date: 11th August 2018

Activity Name: One day seminar

Venue: Seminar Hall of St. Wilfred's institute of pharmacy

Time: 10:00am onwards

The Health Check-Up Camp will cover the following areas:

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<u>AReporton</u> "<u>Health Check-up Camp</u>"

NAMEOFACTIVITY: A Reporton "Health Check-up Camp"

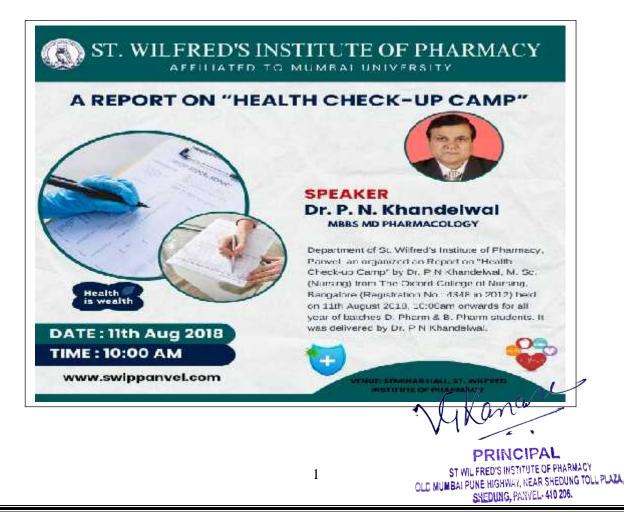
DATE&DURATION:11th August 2018, 10:00am Onwards

TYPEOFACTIVITY:Camp

ORGANIZER(S):DepartmentofSt. Wilfred's Institute of Pharmacy, Panvel.

SPEAKER: Dr. P. N. Khandelwal

FLYER/POSTER:



ABSTRACT OF THE SEMINAR:

DepartmentofSt. Wilfred's Institute of Pharmacy, Panvel.anorganized an Report on "Health Checkup Camp" by Dr. P N Khandelwal, MBBS MD Pharmacology, held on 11th August 2018, 10:00am onwardsfor all year of batches D. Pharm & B. Pharm students. It was delivered by Dr. P N Khandelwal.

Dr. Uma Patil, Principal, St. Wilfred's Institute of Pharmacy, Panvel.welcomed the students attending the seminar. The main objective of this seminar is to get students understand the importance of physical health maintainance.

Comprehensive Health Check-Up Camp: Assessing BMI, Obesity, Dental Health, Eye Health, and Blood Pressure. The prevalence of lifestyle-related diseases underscores the importance of proactive healthcare measures. In response, this abstract outlines the structure and outcomes of a comprehensive health check-up camp designed to evaluate Body Mass Index (BMI), obesity, dental health, eye health, and blood pressure within a diverse community.

The camp commenced with BMI assessments, employing standardized methods to calculate BMI and categorize individuals into underweight, normal weight, overweight, or obese categories. This initial assessment served as a baseline for subsequent interventions.

Obesity, a significant public health concern, was thoroughly addressed through personalized counseling sessions and educational workshops. Participants received guidance on dietary modifications, exercise regimens, and behavioral changes to manage weight effectively and mitigate associated health risks.

Dental check-ups were conducted by skilled professionals, focusing on oral hygiene, cavity detection, and gum health. Participants received tailored recommendations for oral care practices and were educated on the link between oral health and systemic conditions.

Eye examinations were performed to detect refractive errors, assess visual acuity, and screen for ocular abnormalities. Early detection of vision impairments facilitated prompt referrals for corrective measures and preventive interventions, ensuring optimal eye health among/participants.

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Blood pressure screenings were integral to identifying individuals at risk of hypertension, a leading cause of cardiovascular morbidity and mortality. Hypertensive individuals received lifestyle guidance and medical referrals to manage blood pressure effectively and reduce associated health complications.

Overall, the health check-up camp served as a pivotal platform for preventive healthcare interventions, empowering participants to take proactive steps towards improving their health and well-being. By addressing multiple facets of health, including BMI, obesity, dental health, eye health, and blood pressure, the camp fostered a holistic approach to wellness within the community, with the potential for long-term health benefits and reduced disease burden.

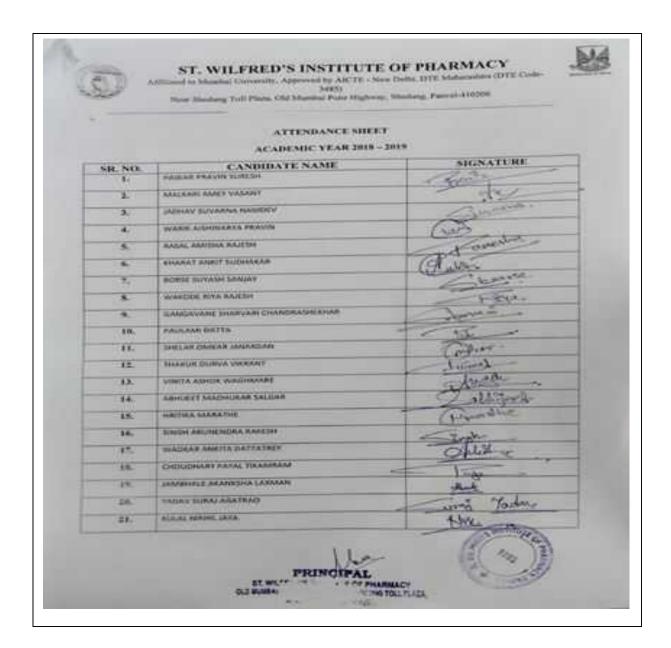
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St. Wilfred's Institute of Pharmacy, Panvel.		
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ATTENDANCE SHEET:



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FEEDBACKANALYSIS:

SEMINAR FEEDBACK ANALYSIS										
G		Total Feed Back	Total Feed Back- 40							
Sr.no	Attributes		>80% Objective Achieved, 60 to 79 %- Satisfactory, Below 60%, Need improvement							
1	Do you think seminar was useful for you?	138	Yes	No	Parti al			Remark		
			135	0	3	0	0	Objective Achieved		
			90.00	0.00	10.00	0.00	0.00	(90.00%)		
2	Did you receive all the information you expected by the seminar?	138	Yes	No	Parti al			Remark		
			130	0	8	0	0	Objective Achieved		
			94.20	0.00	5.79	0.00	0.00	(93.33%)		
3	Opinion on Rating the speaker for the seminar	138	Outst andin g	Excell ent	Good	Aver age	Satisfac tory	Remark		
			138	0	0	0	0	Objective Achieved -		
			100	0	0	0.00	0	Outstanding & Excellent (100%)		
4	Audience Query Response by the Speaker	138	Outst andin g	Excell ent	Good	Aver age	Satisfac tory	Remark		
			138	0	0	0	0	Objective Not Achieved		
			100	0	0	0	0	(100%)		
5	Overall experience about the Seminar	138	Outst andin g	Excell ent	Good	Aver age	Satisfac tory	Remark		
			130	4	4	0	0	Objective Achieved -		
			94.20	2.89	2.89	0	0	Outstanding & Excellent (83.99%)		
6	Would you like to attend future Seminar conducted by the department?	138	Yes	No				Remark		

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Near Shedung Toll Plaza, Old Mumbai-Pune Highway, Panvel, Dist. Raigad, Maharashtra - 410221Tel:02143-

239091,8655678500/501 | Website:swippanvel.com | Email:swc.mumbai@gmail.com

Date: 09/08/2018

NOTICE

We are excited to announce a Health Check-Up Camp at [Pharmacy College Name]. In collaboration with healthcare professionals and experts, we are organizing a comprehensive health assessment program aimed at promoting well-being and preventive healthcare practices among our students and faculty.

Date: 11th August 2018

Activity Name: One day seminar

Venue: Seminar Hall of St. Wilfred's institute of pharmacy

Time: 10:00am onwards

The Health Check-Up Camp will cover the following areas:

1. Body Mass Index (BMI) Assessment: Evaluate your BMI and receive personalized guidance on maintaining a healthy weight.

2. Obesity Counseling: Learn about the risks associated with obesity and receive practical tips on nutrition, exercise, and lifestyle modifications.

3. Dental Check-Up: Receive a thorough examination of your oral health, including cavity detection, gum health assessment, and personalized oral care recommendations.

4. Eye Check-Up: Get your eyes screened for refractive errors, visual acuity, and other ocular abnormalities. Early detection is key to maintaining good eye health.

5. Blood Pressure Screening: Assess your blood pressure levels and receive guidance on managing hypertension through lifestyle changes and medical intervention if necessary.

This camp aims to raise awareness about the importance of preventive healthcare and empower our community to take proactive steps towards a healthier lifestyle. Participation is voluntary, and all services are free of charge.

We encourage all students and faculty members to take advantage of this opportunity to prioritize their health and well-being. Your health is our priority!

The students are required to be present at the venue on time. For further query you may contact to faculty co-ordinator.

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ST. WILFRED'S INSTITUTE OF PHARMACY, Panvel.

Affiliated to Mumbai University, Approved by AICTE - New Delhi, DTE Code-3485 Near Shedung Toll Plaza, Old Mumbai Pune Highway, Shedung, Panvel-410206.

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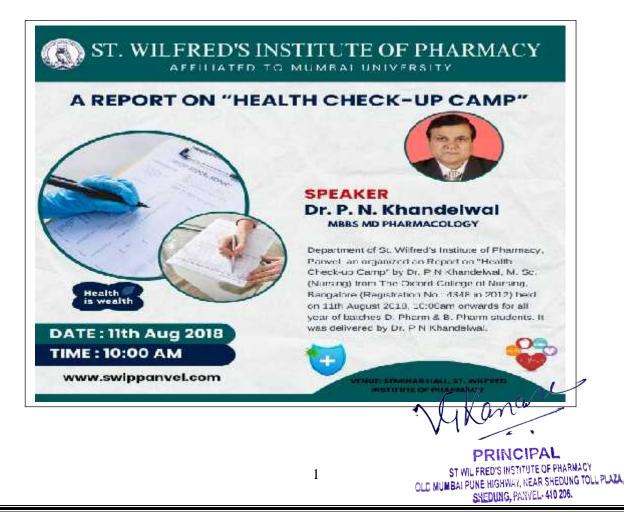
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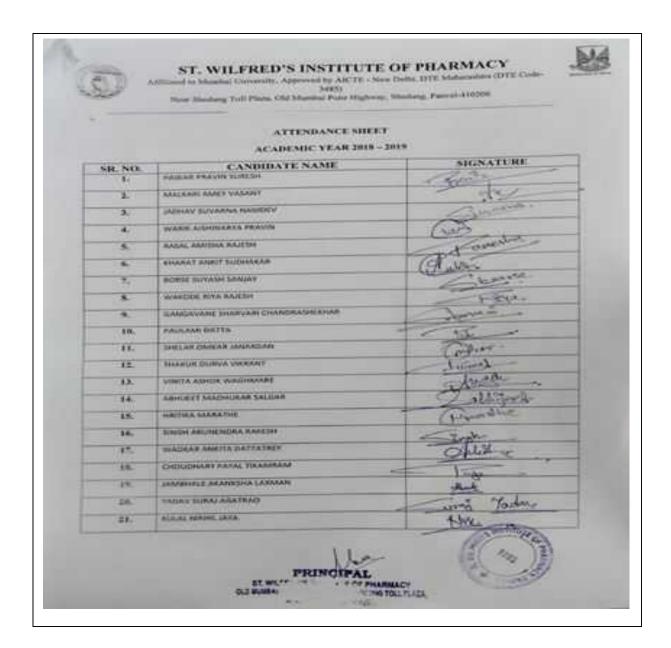
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ATTENDANCE SHEET:



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FEEDBACKANALYSIS:

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G		Total			Tota	l Feed I	Back- 40	
Sr.no ·	Attributes	Feed Back	>80%	Objectiv			o 79 %- Sa provement	tisfactory, Below
	Do you think seminar was useful for you?		Yes	No	Parti al			Remark
1		138	135	0	3	0	0	Objective Achieved
			90.00	0.00	10.00	0.00	0.00	(90.00%)
	Did you receive all the		Yes	No	Parti al			Remark
2	information you expected by the seminar?	138	130	0	8	0	0	Objective Achieved
			94.20	0.00	5.79	0.00	0.00	(93.33%)
	Opinion on Rating the speaker for the seminar	138	Outst andin g	Excell ent	Good	Aver age	Satisfac tory	Remark
3			138	0	0	0	0	Objective Achieved - Outstanding & Excellent (100%)
			100	0	0	0.00	0	
4	Audience Query Response by the Speaker	138	Outst andin g	Excell ent	Good	Aver age	Satisfac tory	Remark
4			138	0	0	0	0	Objective Not Achieved
			100	0	0	0	0	(100%)
	0		Outst andin g	Excell ent	Good	Aver age	Satisfac tory	Remark
5	Overall experience about	138	130	4	4	0	0	Objective Achieved -
	the Seminar	9	94.20	2.89	2.89	0	0	Achieved - Outstanding & Excellent (83.99%)
6	Would you like to attend future Seminar conducted by the department?	138	Yes	No				Remark

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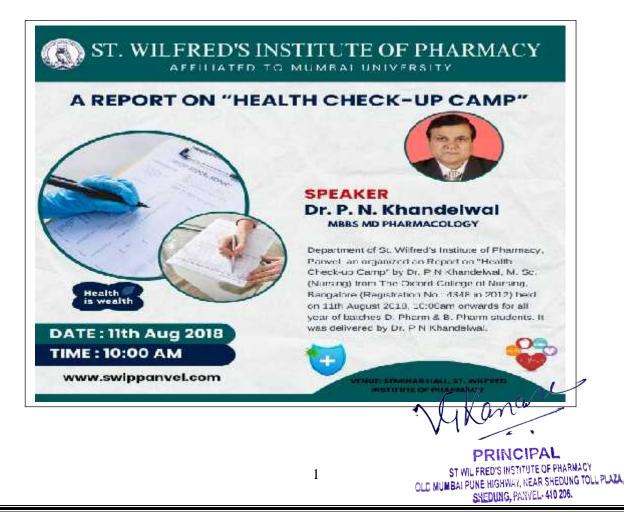
DATE&DURATION:11th August 2018, 10:00am Onwards

TYPEOFACTIVITY:Camp

ORGANIZER(S):DepartmentofSt. Wilfred's Institute of Pharmacy, Panvel.

SPEAKER: Dr. P. N. Khandelwal

FLYER/POSTER:



ABSTRACT OF THE SEMINAR:

DepartmentofSt. Wilfred's Institute of Pharmacy, Panvel.anorganized an Report on "Health Checkup Camp" by Dr. P N Khandelwal, MBBS MD Pharmacology, held on 11th August 2018, 10:00am onwardsfor all year of batches D. Pharm & B. Pharm students. It was delivered by Dr. P N Khandelwal.

Dr. Uma Patil, Principal, St. Wilfred's Institute of Pharmacy, Panvel.welcomed the students attending the seminar. The main objective of this seminar is to get students understand the importance of physical health maintainance.

Comprehensive Health Check-Up Camp: Assessing BMI, Obesity, Dental Health, Eye Health, and Blood Pressure. The prevalence of lifestyle-related diseases underscores the importance of proactive healthcare measures. In response, this abstract outlines the structure and outcomes of a comprehensive health check-up camp designed to evaluate Body Mass Index (BMI), obesity, dental health, eye health, and blood pressure within a diverse community.

The camp commenced with BMI assessments, employing standardized methods to calculate BMI and categorize individuals into underweight, normal weight, overweight, or obese categories. This initial assessment served as a baseline for subsequent interventions.

Obesity, a significant public health concern, was thoroughly addressed through personalized counseling sessions and educational workshops. Participants received guidance on dietary modifications, exercise regimens, and behavioral changes to manage weight effectively and mitigate associated health risks.

Dental check-ups were conducted by skilled professionals, focusing on oral hygiene, cavity detection, and gum health. Participants received tailored recommendations for oral care practices and were educated on the link between oral health and systemic conditions.

Eye examinations were performed to detect refractive errors, assess visual acuity, and screen for ocular abnormalities. Early detection of vision impairments facilitated prompt referrals for corrective measures and preventive interventions, ensuring optimal eye health among/participants.

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Blood pressure screenings were integral to identifying individuals at risk of hypertension, a leading cause of cardiovascular morbidity and mortality. Hypertensive individuals received lifestyle guidance and medical referrals to manage blood pressure effectively and reduce associated health complications.

Overall, the health check-up camp served as a pivotal platform for preventive healthcare interventions, empowering participants to take proactive steps towards improving their health and well-being. By addressing multiple facets of health, including BMI, obesity, dental health, eye health, and blood pressure, the camp fostered a holistic approach to wellness within the community, with the potential for long-term health benefits and reduced disease burden.

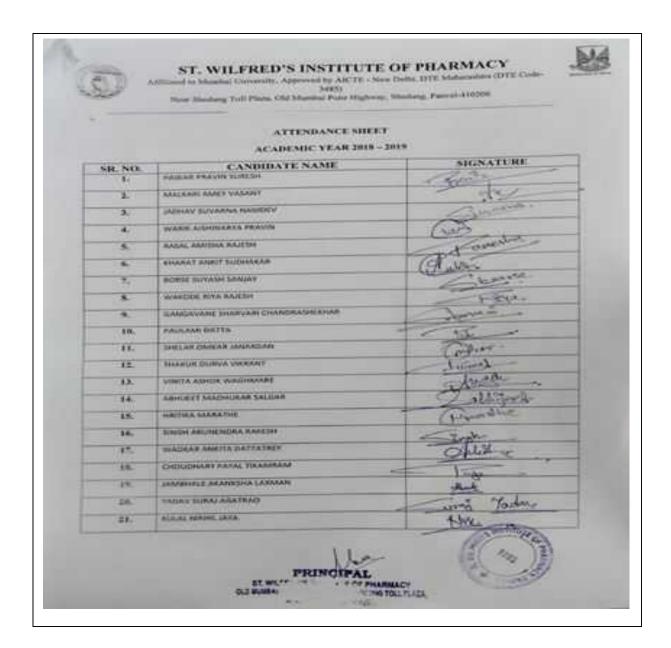
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St. Wilfred's Institute of Pharmacy, Panvel.		
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ATTENDANCE SHEET:



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FEEDBACKANALYSIS:

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G		Total			Tota	l Feed I	Back- 40	
Sr.no ·	Attributes	Feed Back	>80%	Objectiv			o 79 %- Sa provement	tisfactory, Below
	Do you think seminar was useful for you?		Yes	No	Parti al			Remark
1		138	135	0	3	0	0	Objective Achieved
			90.00	0.00	10.00	0.00	0.00	(90.00%)
	Did you receive all the		Yes	No	Parti al			Remark
2	information you expected by the seminar?	138	130	0	8	0	0	Objective Achieved
			94.20	0.00	5.79	0.00	0.00	(93.33%)
	Opinion on Rating the speaker for the seminar	138	Outst andin g	Excell ent	Good	Aver age	Satisfac tory	Remark
3			138	0	0	0	0	Objective Achieved - Outstanding & Excellent (100%)
			100	0	0	0.00	0	
4	Audience Query Response by the Speaker	138	Outst andin g	Excell ent	Good	Aver age	Satisfac tory	Remark
4			138	0	0	0	0	Objective Not Achieved
			100	0	0	0	0	(100%)
	0		Outst andin g	Excell ent	Good	Aver age	Satisfac tory	Remark
5	Overall experience about	138	130	4	4	0	0	Objective Achieved -
	the Seminar	9	94.20	2.89	2.89	0	0	Achieved - Outstanding & Excellent (83.99%)
6	Would you like to attend future Seminar conducted by the department?	138	Yes	No				Remark

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239091,8655678500/501 | Website:swippanvel.com | Email:swc.mumbai@gmail.com

Date: 09/08/2018

NOTICE

We are excited to announce a Health Check-Up Camp at [Pharmacy College Name]. In collaboration with healthcare professionals and experts, we are organizing a comprehensive health assessment program aimed at promoting well-being and preventive healthcare practices among our students and faculty.

Date: 11th August 2018

Activity Name: One day seminar

Venue: Seminar Hall of St. Wilfred's institute of pharmacy

Time: 10:00am onwards

The Health Check-Up Camp will cover the following areas:

1. Body Mass Index (BMI) Assessment: Evaluate your BMI and receive personalized guidance on maintaining a healthy weight.

2. Obesity Counseling: Learn about the risks associated with obesity and receive practical tips on nutrition, exercise, and lifestyle modifications.

3. Dental Check-Up: Receive a thorough examination of your oral health, including cavity detection, gum health assessment, and personalized oral care recommendations.

4. Eye Check-Up: Get your eyes screened for refractive errors, visual acuity, and other ocular abnormalities. Early detection is key to maintaining good eye health.

5. Blood Pressure Screening: Assess your blood pressure levels and receive guidance on managing hypertension through lifestyle changes and medical intervention if necessary.

This camp aims to raise awareness about the importance of preventive healthcare and empower our community to take proactive steps towards a healthier lifestyle. Participation is voluntary, and all services are free of charge.

We encourage all students and faculty members to take advantage of this opportunity to prioritize their health and well-being. Your health is our priority!

The students are required to be present at the venue on time. For further query you may contact to faculty co-ordinator.

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ST. WILFRED'S INSTITUTE OF PHARMACY, Panvel.

Affiliated to Mumbai University, Approved by AICTE - New Delhi, DTE Code-3485 Near Shedung Toll Plaza, Old Mumbai Pune Highway, Shedung, Panvel-410206.

<u>AReporton</u> "<u>Health Check-up Camp</u>"

NAMEOFACTIVITY: A Reporton "Health Check-up Camp"

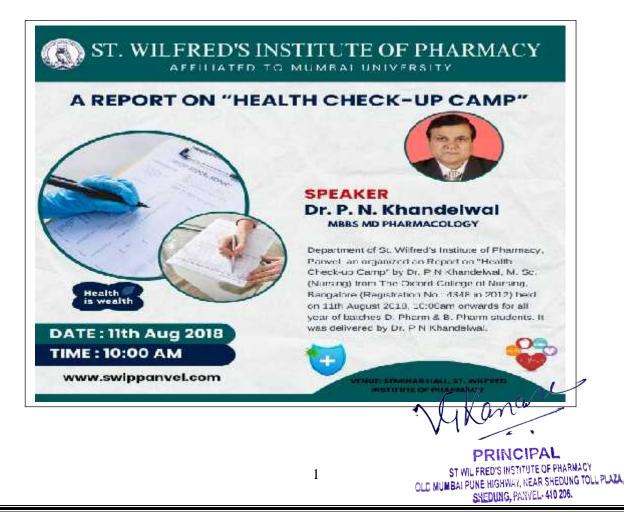
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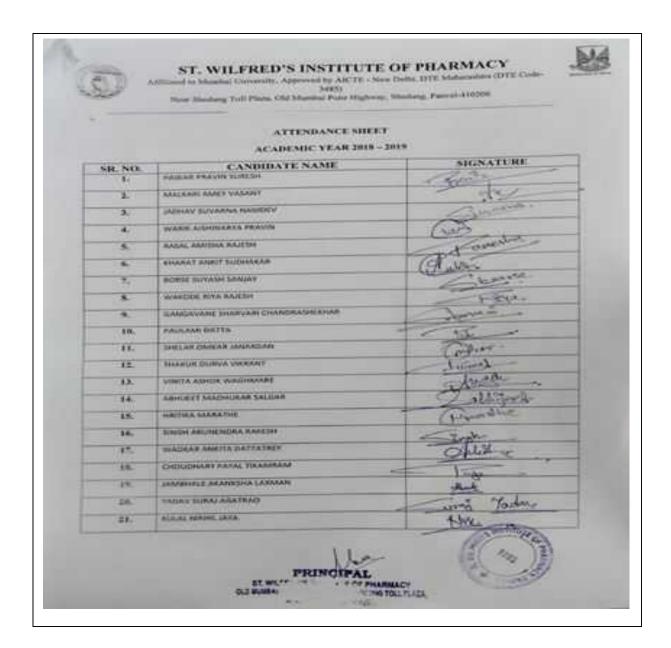
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St. Wilfred's Institute of Pharmacy, Panvel.		
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ATTENDANCE SHEET:



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FEEDBACKANALYSIS:

SEMINAR FEEDBACK ANALYSIS										
G		Total Feed Back	Total Feed Back- 40							
Sr.no	Attributes		>80% Objective Achieved, 60 to 79 %- Satisfactory, Below 60%, Need improvement							
1	Do you think seminar was useful for you?	138	Yes	No	Parti al			Remark		
			135	0	3	0	0	Objective Achieved		
			90.00	0.00	10.00	0.00	0.00	(90.00%)		
2	Did you receive all the information you expected by the seminar?	138	Yes	No	Parti al			Remark		
			130	0	8	0	0	Objective Achieved		
			94.20	0.00	5.79	0.00	0.00	(93.33%)		
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			138	0	0	0	0	Objective Achieved -		
			100	0	0	0.00	0	Outstanding & Excellent (100%)		
4	Audience Query Response by the Speaker	138	Outst andin g	Excell ent	Good	Aver age	Satisfac tory	Remark		
			138	0	0	0	0	Objective Not Achieved		
			100	0	0	0	0	(100%)		
5	Overall experience about the Seminar	138	Outst andin g	Excell ent	Good	Aver age	Satisfac tory	Remark		
			130	4	4	0	0	Objective Achieved -		
			94.20	2.89	2.89	0	0	Outstanding & Excellent (83.99%)		
6	Would you like to attend future Seminar conducted by the department?	138	Yes	No				Remark		

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239091,8655678500/501 | Website:swippanvel.com | Email:swc.mumbai@gmail.com

Date: 09/08/2018

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Date: 11th August 2018

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Venue: Seminar Hall of St. Wilfred's institute of pharmacy

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